

Mom and Me Camp for all ages

Young chefs, bring your parent, grandparent, or caregiver and learn together how to make fun and healthy meals that the whole family will love. Adults, bring your child and help them to gain some self-sufficiency in the kitchen while you simultaneously gain some independence. Each session ends with a delicious lunchtime feast of all the dishes created in class.



3-Day Sessions

10:00 a.m. – 1:00p.m.

Camp meets Monday, Tuesday, & Wednesday

June 28, 29 & 30 OR

July 19, 20 & 21 OR

August 2, 3 & 4, 2010

Mom and Me Sample Curriculum

Monday:

Chicken and Beef Enchiladas with Homemade Enchilada Sauce and Guacamole
Country Corn Bread
Grilled Mixed Vegetable Skewers with Cilantro Garlic Butter
Spanish Rice
3 Bean Salad
Grilled Banana Splits with Cracklin Hot Fudge Sauce

Tuesday:

Wonton Soup Salted Edamame-in-the-Shell
Peanut Noodles with Shredded Chicken and Vegetables
Sushi Roll Workshop
Million Dollar Chocolate Chip Cookies

Wednesday:

Homemade Pasta with Rustic Tomato Sauce and Fresh Basil
Meatballs
Incredible Handmade Garlic Bread
Caesar Salad
Lemon Pudding Cake with Fresh Berries



Camp Fee:

\$275 per each pair of adult and child
\$125 for each additional family member
\$50 supply fee* per person (child and adult)

Includes daily lunch and recipe packets

\$200 Deposit required for registration

*Supply Fee payable to: “Inspired”

Early Registration Special: Register for 2 camps before May 5th and receive 20% discount off of the second camp.

Only one discount applicable per child.

**Call us at (206) 328-2442 if you have any questions or
if you wish to sign up.**

Blue Ribbon Cooking School

2501 Fairview Ave. East
Seattle, WA 98102

(206) 328-2442 fax: (206) 328-2863

info@blueribboncooking.com www.blueribboncooking.com